



*Personality and Emotions Division
of Research and Applications
(PEDRA)*



*An initiative of the Dept. of Clinical
Psychology, NIMHANS, Bengaluru*

ANNOUNCES

**A THREE-DAY TRAINING PROGRAMME IN PERSONALITY AND ADDICTIVE
BEHAVIOURS**

On 15th November to 17th November 2018

PEDRA has been established as the first set-up in India with a primary focus on personality guided research, awareness building and training. Addictive behaviours are frequently associated with maladaptive personality traits and personality disorders that impact treatment process and outcomes. Knowledge of these personality variables would therefore help mental health professionals in laying the path toward person-specific research and interventions for addiction.

PEDRA invites applications for admission to a three-day training program in identification and psychosocial management of personality pathology in connection to addictive behaviours for mental health professionals.

Course objectives:

1. To sensitize participants on personality and temperament relevant components of addictive behaviours.
2. To highlight screening and assessments of different components of personality such as the BIG 5, self-esteem, self-efficacy, self and emotional regulation, impulsivity, relational capabilities and distress tolerance.
3. To assess types of addictive behaviours, particularly in connection to personality pathology, co-morbidity, motivation and subjective strengths.
4. To develop insights into personality-driven frameworks and formulations, and their applications for research and intervention.
5. To provide a platform to engage in developing meaningful insights of intrapersonal nuances of addictions, particularly in terms of integrating them into mainstream psychotherapy.
6. Building skills to develop awareness generating materials in the community.

Faculty: Department of Clinical Psychology: Dr L.N. Suman, Dr Manoj K Sharma, Dr Nitin Anand, Dr Gitanjali Narayanan; Department of Psychiatry: Dr Arun Kandasamy

Number of Seats: 10-15 candidates per batch

Frequency: Annual

Date: 15th November to 17th November 2018

Duration: Three full working days

Eligibility: MA/MSc (Psychology) /M.Phil. degree in Psychology/Clinical Psychology/Psychiatric Social work/MD(Psychiatry) obtained from a University recognized by the UGC/Clinicians working in addiction relevant Government set-ups and associated institutes

Selection Process: Selection will be based on first come first basis and eligibility.

Last date of Application: 01.11.18

Fee Payable: 3500/-(non-refundable)

All registration fees have to be made online to:

The Director, NIMHANS

A/c No. 54004640402

Account type: Savings

Bank Name: State Bank of India, NIMHANS Branch

IFSC Code: SBIN 0040675

MICR Code: 560002480

Branch Code: 40675

Upon making the online transfer, please provide the UTR Number / Ref. No. in the Registration Form, WITHOUT FAIL. Your registration will be confirmed ONLY when you provide these details.

#Please note: The candidates need to make their own accommodation arrangements. No TA/DA will be provided for participation.

Procedure for Application:

The interested candidates should mail one soft copy of the following documents in the email address given below:

1. CV with a recent passport size photograph, full postal address, contact number and email id
2. A brief summary (less than 100 words) regarding interest in this training.
3. Supporting documents (degree certificate, work experience)

One hard copy of the documents should be sent to the following address on or before the last date specified in the notification.

Dr Gitanjali Narayanan
Associate Professor
Faculty in charge, PEDRA
Consultant, Centre for Addiction Medicine
Dept. of Clinical Psychology
3rd Floor, MV Govindaswamy Centre
NIMHANS, Hosur Road
Bengaluru 560029

For all queries, contact Dr Gitanjali Narayanan (080-26995899; 26995180; gitanjali_n@yahoo.com)

THANK YOU AND HOPE TO HAVE A MEANINGFUL DIALOGUE SOON